



Giving **caregivers** a hand

As a caregiver for a loved one, you have enough to worry about. That's why Teladoc® gives you a convenient and affordable way to provide care, letting you arrange a 2- or 3-way video or phone visit with a doctor 24/7 for **just \$45/visit**. Add the individual you care for to your Teladoc account, even if they're not covered by your health plan.



1. ADD A CARE RECIPIENT

Add a care recipient by logging into your account by web or app and clicking "Add a Care Recipient."



2. AUTHORIZATION

Teladoc will email the care recipient for authorization or allow you to upload legal documents



3. FILL OUT THE HEALTH HISTORY

Health history can be completed by care recipient or caregiver.



4. REQUEST VISIT

Caregiver or care recipient schedules a visit by web or app.

Add loved ones to your Teladoc account



Visit: Teladoc.com/Aetna

