



Achieve your
best health.
We're here to help.

Aetna One[®] Advocate

Connecting health with heart

A healthier you starts here

Managing your health and your benefits can be challenging — but you don't have to do it alone. With Aetna One Advocate, you have the power and hearts of an entire team behind you to help you simplify your health and live your best. And best of all, we're always just one call away.

You can count on your Aetna One Advocate team to help with all things health. That includes things like scheduling appointments, keeping track of prescriptions, answering your questions and so much more. So no matter where you are in life, you can move ahead with strength and confidence — and know that we're with you every step of the way.

Call 1-833-982-7368 to connect with us.



Members
HealthPlan^{NJ}

Designed for You.

A different kind of care

The care and attention you receive from your Aetna One Advocate team is not what you'd expect from a health care company. And that's a good thing. You deserve a more personalized, proactive approach to care — and that's what Aetna One Advocate delivers every day.

We want to ensure you always have the answers you need and get out ahead of potential issues.

Call your Aetna One Advocate team to:

- Understand your benefits
- Help you save money
- Make sure you're sticking to your care plan
- Simplify your pharmacy regimen
- Find programs to manage stress or help with a condition
- Make health care easier, however you need the assistance

We'll even help you:

- Find a nearby in-network for urgent care or sick needs
- Locate a nearby in-network lab site
- Select a high-quality physician
- Schedule appointments if you're having trouble keeping up with your or your loved one's care plans

Keeping it all connected

Care calls bring together your Aetna One Advocate team and your doctors to create a holistic care plan to address your specific needs. Care calls are recommended when you have a complex case that may benefit from streamlined coordination of resources. Following a care call, an updated care plan is created for you, and your care team stays with you throughout your course of treatment.

Move ahead with a team behind you

With Aetna One Advocate, you'll get a higher level of support to empower you to amplify your health. It means having a caring team of advocates, nurses, pharmacists, dietitians and more — all built around you.



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Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a dentist, physician or other health care professional. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to [aetna.com](https://www.aetna.com).



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