**Summary of Benefits and Coverage:** What this Plan Covers & What You Pay for Covered Services

Members Health Plan NJ

**HealthPlan<sup>w</sup>** Plan L: High Deductible Low Plan: Aetna Choice® POS II

Coverage for: Individual + Family | Plan Type: POS

Coverage Period: 10/01/2020-09/30/2021



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <u>www.MembersHealthPlanNJ.com</u> or by calling 1-833-982-7368. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-833-982-7368 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In- <u>Network</u> : Individual \$5,000 / Family \$10,000. Out-of-Network: Individual \$5,000 / Family \$10,000.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. In- <u>network</u> office visits & <u>preventive care</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In- <u>Network:</u> Individual \$6,850 / Family \$13,700. Out-of-Network: Individual \$13,700 / Family \$27,400.	The <u>out–of–pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out–of–pocket limits</u> until the overall family <u>out–of–pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover & penalties for failure to obtain pre-authorization for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.aetna.com/docfind or call 1-833-982-7368 for a list of in-network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider before</u> you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$50 <u>copay</u> /visit, <u>deductible</u> doesn't apply; except after <u>deductible</u> , 20% <u>coinsurance</u> for office surgery	After <u>deductible</u> , 50% <u>coinsurance</u>	None
If you visit a health care <u>provider</u> 's office or clinic	<u>Specialist</u> visit	\$50 <u>copay</u> /visit, <u>deductible</u> doesn't apply; except after <u>deductible</u> , 20% <u>coinsurance</u> for office surgery	After <u>deductible</u> , 50% <u>coinsurance</u>	None
	Preventive care /screening /immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab: \$50 copay/visit- office/freestanding, deductible doesn't apply; After deductible, 20% coinsurance- hospital/facility;  X-ray: After deductible, 20% coinsurance	After <u>deductible</u> , 50% <u>coinsurance</u>	None
	Imaging (CT/PET scans, MRIs)	After <u>deductible</u> , 20% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.

		What You Will	Pay	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Generic drugs	RX1- \$15 copay / prescription (retail), \$35 copay / prescription (mail order) RX2- \$30 copay / prescription (retail), \$70 copay / prescription (mail order) RX3- \$15 copay / prescription (retail), \$37.50 copay / prescription (mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply.
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.Express-	Preferred brand drugs	RX1- \$35 copay / prescription (retail), \$82.50 copay / prescription (mail order) RX2- \$50 copay / prescription (retail), \$120 copay / prescription (mail order) RX3- 50% coinsurance / prescription (retail & mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply.
<u>Scripts.com</u> .	Non-preferred brand drugs	RX1- \$50 copay / prescription (retail), \$120 copay / prescription (mail order) RX2- \$80 copay / prescription (retail), \$195 copay / prescription (mail order) RX3- 50% coinsurance / prescription (retail & mail order) RX6- Not covered	Not covered	<b>RX3</b> - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90-day supply is \$62.50; maximum \$1,250. Applies to Preferred, Non-preferred and Specialty drugs.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.Express-Scripts.com.	Specialty drugs	RX1- \$35-\$50 copay / prescription (retail), \$82.50-\$120 copay / prescription (mail order) RX2- \$50-\$80 copay / prescription (retail), \$120-\$195 copay / prescription (mail order) RX3- 50% coinsurance / prescription (retail & mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply.  RX3 - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90-day supply is \$62.50; maximum \$1,250. Applies to Preferred, Non-preferred and Specialty drugs. Certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the out-of-pocket limits. The cost of these drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards satisfying your out-of-pocket maximum.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	After <u>deductible</u> , 20% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Physician/surgeon fees	After deductible, 20% coinsurance	After <u>deductible,</u> 50% <u>coinsurance</u>	None
If you need	Emergency room care	After <u>deductible</u> , 20% <u>coinsurance</u>	After <u>deductible</u> , 20% <u>coinsurance</u>	No coverage for non-emergency use.
immediate medical attention	Emergency medical transportation	After <u>deductible</u> , 20% <u>coinsurance</u>	After <u>deductible</u> , 20% <u>coinsurance</u>	Non-emergency transport: not covered, except 50% coinsurance if pre-authorized.
	<u>Urgent care</u>	\$50 <u>copay</u> /visit	\$50 <u>copay</u> /visit	No coverage for non-urgent use.
If you have a hospital stay	Facility fee (e.g., hospital room)	After <u>deductible</u> , 20% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Physician/surgeon fees	After <u>deductible</u> , 20% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	None

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or	Outpatient services	Office: \$50 copay/visit, deductible doesn't apply; All other outpatient: after deductible, 20% coinsurance	After <u>deductible</u> , 50% <u>coinsurance</u>	None
substance abuse services	Inpatient services	After <u>deductible</u> , 20% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Office visits	No charge except \$50 copay for initial visit to confirm pregnancy	After <u>deductible</u> , 50% <u>coinsurance</u>	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e.
If you are pregnant	Childbirth/delivery professional services	After <u>deductible</u> , 20% coinsurance	After <u>deductible</u> , 50% coinsurance	ultrasound.) <u>Pre-authorization</u> may be required. If you don't get <u>pre-authorization</u> , benefits could be
	Childbirth/delivery facility services	After deductible, 20% coinsurance	After deductible, 50% coinsurance	reduced by 50% up to \$10,000 of the total allowed amount of the service may apply.
If you need help recovering or have other special health needs	Home health care	After <u>deductible</u> , 20% <u>coinsurance</u>	Not covered	60 visits/calendar year. Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Rehabilitation services	Office/ freestanding: \$50 copay/visit, deductible doesn't apply; Hospital/facility: after deductible, 20% coinsurance	After <u>deductible</u> , 50% <u>coinsurance</u>	60 visits/calendar year for Physical, Occupational & Speech Therapy combined. Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Habilitation services	\$50 <u>copay</u> /visit, <u>deductible</u> doesn't apply	After <u>deductible</u> , 50% <u>coinsurance</u>	Limited to treatment of Autism.
	Skilled nursing care	After <u>deductible</u> , 20% <u>coinsurance</u>	After deductible, 50% coinsurance	60 days/incident. <u>Pre-authorization</u> may be required. If you don't get <u>pre-authorization</u> , benefits could be reduced by 50% up to \$10,000 of the total <u>allowed amount</u> of the service.
	Durable medical equipment	After <u>deductible</u> , 20% <u>coinsurance</u>	Not covered	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.

	What You Will Pay				
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need help recovering or have other special health needs	Hospice services	After <u>deductible</u> , 20% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.	
	Children's eye exam	No charge	Not covered	1 routine eye exam/calendar year.	
If your child needs dental or eye care	Children's glasses	Amounts greater than \$125.00	Amounts greater than \$125.00	1 pair of glasses/calendar year.	
	Children's dental check-up	Not covered	Not covered	Not covered.	

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult & Child)

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine foot care
- Weight loss programs Except for required preventive services.

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (in lieu of anesthesia)
- Bariatric surgery
- Chiropractic care 30 visits/calendar year for in-network only.
- Hearing aids 1 hearing aid per ear/24 months for children up to age 15.
- Infertility treatment Limited to diagnosis, artificial insemination, and ovulation induction.
- Private-duty nursing 70- 8 hour shifts/calendar year for innetwork only.
- Routine eye care (Adult) 1 routine eye exam/calendar year for in-network only.

# **Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact the plan at 1-833-982-7368.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or: <a href="https://www.dol.gov/agencies/ebsa">https://www.dol.gov/agencies/ebsa</a>
- For non-federal governmental group health <u>plans</u>, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about

the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

### **Your Grievance and Appeals Rights:**

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Aetna directly by calling the toll free number on your Medical ID Card, or by calling our general toll free number at 1-833-982-7368.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/agencies/ebsa">https://www.dol.gov/agencies/ebsa</a>
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact information is at: <a href="http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html">http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html</a>.

## Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Assistance: For language assistance in your language call 1-833-982-7368 at no cost.

Spanish (Español): Para obtener asistencia lingüística en español, llame sin cargo al 1-833-982-7368

Tagalog (Tagalog): Para sa tulong sa wika na nasa Tagalog, tawagan ang 1-833-982-7368 nang walang bayad

Chinese (中文): 欲取得繁體中文語言協助, 請撥打 1-833-982-7368, 無需付費。

-----To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.-----

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$13,905
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$3,475
Copayments	\$1,550
Coinsurance	\$1,825
What isn't covered	
Limits or exclusions	\$100
The total Peg would pay is	\$6,910

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$8,131	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$1,382	
Copayments	\$2,200	
Coinsurance	\$346	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$4,003	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,934			
In this example, Mia would pay:				
Cost Sharing				
Deductibles	\$1,133			
Copayments	\$350			
Coinsurance	\$283			
What isn't covered				
Limits or exclusions	\$0			
The total Mia would pay is	\$1,766			

## **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-833-982-7368.

## **Non-Discrimination**

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,

P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779),

1-800-648-7817, TTY: 711, Fax: 859-425-3379 (CA HMO customers: 1-860-262-7705),

Email: CRCoordinator@aetna.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

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