Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered ServicesMembersMembers Health Plan NJHealthPlan^{NJ}Plan A: Open Access POS Plan Plus: Aetna Choice POS II

Coverage for: Individual + Family | Plan Type: POS



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <u>www.MembersHealthPlanNJ.com</u> or by calling 1-833-982-7368. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-833-982-7368 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In- <u>Network</u> : \$0 Out-of-Network: Individual \$1,000 / Family \$2,000.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u>
Are there services covered before you meet your <u>deductible</u> ?	Yes- Out-of-Network only: Emergency care is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In- <u>Network</u> : Individual \$4,000 / Family \$8,000. Out-of-Network: Individual \$6,850 / Family \$13,700.	The <u>out–of–pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out–of–pocket</u> <u>limits</u> until the overall family <u>out–of–pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , <u>balance-billing</u> charges, health care this <u>plan</u> doesn't cover & penalties for failure to obtain <u>pre-authorization</u> for services.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetna.com/docfind or call 1-833- 982-7368 for a list of in- <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$15 <u>copay</u> /visit; no charge for office surgery	After <u>deductible,</u> 30% <u>coinsurance</u>	None
If you visit a health	<u>Specialist</u> visit	\$75 <u>copay</u> /visit; no charge for office surgery	After <u>deductible,</u> 30% <u>coinsurance</u>	None
care <u>provider</u> 's office or clinic	Preventive care /screening /immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab: \$15 <u>copay</u> /visit- office/freestanding; no charge for hospital/ facility; X-ray: no charge	After <u>deductible,</u> 30% <u>coinsurance</u>	None
	Imaging (CT/PET scans, MRIs)	No charge	After deductible, 30% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information	Generic drugs	RX1- \$15 <u>copay</u> / prescription (retail), \$35 <u>copay</u> / prescription (mail order) RX2- \$30 <u>copay</u> / prescription (retail), \$70 <u>copay</u> / prescription (mail order) RX3- \$15 <u>copay</u> / prescription (retail), \$37.50 <u>copay</u> / prescription (mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply.
More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www.Express-</u> <u>Scripts.com</u> .	Preferred brand drugs	RX1- \$35 <u>copay</u> / prescription (retail), \$82.50 <u>copay</u> / prescription (mail order) RX2- \$50 <u>copay</u> / prescription (retail), \$120 <u>copay</u> / prescription (mail order) RX3- 50% <u>coinsurance</u> / prescription (retail & mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply. RX3 - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90-day supply is \$62.50; maximum \$1,250. Applies to Preferred, Non-preferred and <u>Specialty drugs</u> .

		What You W	ill Pay	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or	Non-preferred brand drugs	RX1- \$50 <u>copay</u> / prescription (retail), \$120 <u>copay</u> / prescription (mail order) RX2- \$80 <u>copay</u> / prescription (retail), \$195 <u>copay</u> / prescription (mail order) RX3- 50% <u>coinsurance</u> / prescription (retail & mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply. RX3 - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90-day supply is \$62.50; maximum \$1,250. Applies to Preferred, Non-preferred and <u>Specialty drugs</u> .
condition More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www.Express-</u> <u>Scripts.com</u> .	<u>Specialty drugs</u>	RX1- \$35-\$50 <u>copay</u> / prescription (retail), \$82.50-\$120 <u>copay</u> / prescription (mail order) RX2- \$50-\$80 <u>copay</u> / prescription (retail), \$120-\$195 <u>copay</u> / prescription (mail order) RX3- 50% <u>coinsurance</u> / prescription (retail & mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply. RX3 - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90-day supply is \$62.50; maximum \$1,250. Applies to Preferred, Non-preferred and <u>Specialty drugs</u> . Certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the out-of-pocket limits. The cost of these drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards satisfying your out-of-pocket maximum.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	After <u>deductible</u> , 30% <u>coinsurance</u>	<u>Pre-authorization</u> may be required. If you don't get <u>pre-authorization</u> , benefits could be reduced by 50% up to \$10,000 of the total <u>allowed</u> <u>amount</u> of the service.
oupution surgery	Physician/surgeon fees	No charge	After <u>deductible,</u> 30% <u>coinsurance</u>	None

		What You W	What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Emergency room care	\$100 <u>copay</u> /visit	\$100 <u>copay</u> /visit	No coverage for non-emergency use.	
If you need immediate medical	Emergency medical transportation	No charge	No charge	Non-emergency transport: not covered, except 30% <u>coinsurance</u> if pre-authorized.	
attention	<u>Urgent care</u>	\$75 <u>copay</u> /visit	\$75 <u>copay</u> /visit	No coverage for non-urgent use.	
lf you have a hospital stay	Facility fee (e.g., hospital room)	\$250 admission <u>copay</u> per stay; no charge thereafter	After <u>deductible</u> , 30% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.	
	Physician/surgeon fees	No charge	After <u>deductible,</u> 30% <u>coinsurance</u>	None	
If you need mental	Outpatient services	\$15 <u>copay</u> /visit	After <u>deductible,</u> 30% <u>coinsurance</u>	None	
health, behavioral health, or substance abuse services	Inpatient services	\$250 admission <u>copay</u> per stay; no charge thereafter	After <u>deductible</u> , 30% <u>coinsurance</u>	Pre-authorization may be required. If you don't get <u>pre-authorization</u> , benefits could be reduced by 50% up to \$10,000 of the total <u>allowed</u> <u>amount</u> of the service.	
	Office visits	No charge; except \$15 <u>copay</u> for initial visit to confirm pregnancy	After <u>deductible</u> , 30% <u>coinsurance</u>	<u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) <u>Pre-authorization</u> may be required. you don't get <u>pre-authorization</u> , benefits could b	
lf you are pregnant	Childbirth/delivery professional services	No charge	After <u>deductible,</u> 30% <u>coinsurance</u>		
	Childbirth/delivery facility services	\$250 admission <u>copay</u> per stay; no charge thereafter	After <u>deductible,</u> 30% <u>coinsurance</u>	reduced by 50% up to \$10,000 of the total <u>allowed amount</u> of the service may apply.	
lf you need help	Home health care	No charge	Not covered	60 visits/calendar year. <u>Pre-authorization</u> may be required. If you don't get <u>pre-authorization</u> , benefits could be reduced by 50% up to \$10,000 of the total <u>allowed amount</u> of the service.	
recovering or have other special health needs	Rehabilitation services	Office/free-standing: \$75	After <u>deductible</u> , 30% <u>coinsurance</u>	60 visits/calendar year for Physical, Occupational & Speech Therapy combined. <u>Pre-authorization</u> may be required. If you don't get <u>pre-authorization</u> , benefits could be reduced by 50% up to \$10,000 of the total <u>allowed amount</u> of the service.	

		What You Wi	ill Pay	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Habilitation services	\$15 <u>copay</u> /visit	After <u>deductible,</u> 30% <u>coinsurance</u>	Limited to treatment of Autism.
If you need help recovering or have other special health needs	Skilled nursing care	\$250 admission <u>copay</u> per stay; no charge thereafter	After <u>deductible</u> , 30% <u>coinsurance</u>	60 days/incident. <u>Pre-authorization</u> may be required. If you don't get <u>pre-authorization</u> , benefits could be reduced by 50% up to \$10,000 of the total <u>allowed amount</u> of the service.
	Durable medical equipment	No charge	Not covered	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.
	Hospice services	No charge	After <u>deductible</u> , 30% <u>coinsurance</u>	Pre-authorization may be required. If you don't get <u>pre-authorization</u> , benefits could be reduced by 50% up to \$10,000 of the total <u>allowed</u> <u>amount</u> of the service.
	Children's eye exam	No charge	Not covered	1 routine eye exam/calendar year.
If your child needs dental or eye care	Children's glasses	Amounts greater than \$125.00.	Amounts greater than \$125.00.	1 pair of glasses/calendar year.
	Children's dental check-up	Not covered	Not covered	Not covered.

Excluded Services & Other Covered Services:

Cosmetic surgery	Long-term care	Routine foot care
Dental care (Adult & Child)	 Non-emergency care when traveling outside the U.S. 	 Weight loss programs - Except for required preventive services.
Other Covered Services (Limitations may app	ly to these services. This isn't a complete list. Pleas	e see your <u>plan</u> document.)
Other Covered Services (Limitations may app Acupuncture - (in lieu of anesthesia)	 Iy to these services. This isn't a complete list. Pleas Hearing aids - 1 hearing aid per ear/24 	 e see your <u>plan</u> document.) Private-duty nursing - 70- 8 hour shifts/calendar year.
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Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact the plan at 1-833-982-7368.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or : <u>https://www.dol.gov/agencies/ebsa</u>

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Aetna directly by calling the toll free number on your Medical ID Card, or by calling our general toll free number at 1-833-982-7368.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact information is at: <u>http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html</u>.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Assistance: For language assistance in your language call 1-833-982-7368 at no cost.

Spanish (Español): Para obtener asistencia lingüística en español, llame sin cargo al 1-833-982-7368 Tagalog (Tagalog): Para sa tulong sa wika na nasa Tagalog, tawagan ang 1-833-982-7368 nang walang bayad Chinese (中文): 欲取得繁體中文語言協助, 請撥打 1-833-982-7368, 無需付費。

-----To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a
hospital delivery)

\$0

\$75

\$250

\$15

The <u>plan's</u> overall <u>deductible</u>
Specialist copayment
Hospital (facility) <u>copayment</u>
Other <u>copayment</u>

This EXAMPLE event includes services like: Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (*ultrasounds and blood work*) Specialist visit (*anesthesia*)

Total Example Cost	\$12,995
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$0
Copayments	\$595
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$655

Managing Joe's type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$75
Hospital (facility) <u>copayment</u>	\$250
Other <u>copayment</u>	\$15

This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$7,465	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$0	
Copayments	\$1,190	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$1,245	

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$75
Hospital (facility) <u>copayment</u>	\$250
Other copayment	\$0

This EXAMPLE event includes services like:

Emergency room care *(including medical supplies)* Diagnostic test *(x-ray)* Durable medical equipment *(crutches)* Rehabilitation services *(physical therapy)*

Total Example Cost	\$2,011
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$0
Copayments	\$525
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$525

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-833-982-7368.

Non-Discrimination

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,

P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779),

1-800-648-7817, TTY: 711, Fax: 859-425-3379 (CA HMO customers: 1-860-262-7705),

Email: <u>CRCoordinator@aetna.com</u>.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

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