Members Health Plan NJ

HealthPlan Plan R: HDHP-HSA Compatible: Aetna Choice® POS II

Coverage Period: 1/01/2021-03/31/2021

Coverage for: Individual + Family | Plan Type: POS



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.MembersHealthPlanNJ.com or by calling 1-833-982-7368. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-833-982-7368 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In- <u>Network</u> : Individual \$2,500; Family \$5,000. Out-of- <u>Network</u> : Individual \$2,500; Family \$5,000.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	In- <u>network preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: Individual \$6,550; Family \$13,100. Out-of-Network: Individual \$13,100; Family \$26,200.	The <u>out–of–pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out–of–pocket limits</u> until the overall family <u>out–of–pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover & penalties for failure to obtain pre-authorization for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.aetna.com/docfind or call 1-833-982-7368 for a list of in-network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

ſ			What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider</u> 's office or clinic	Primary care visit to treat an injury or illness	After deductible, \$25 copay/visit; except after deductible, 10% coinsurance for office surgery	After <u>deductible</u> , 50% <u>coinsurance</u>	None	
	<u>Specialist</u> visit	After deductible, \$25 copay/visit; except after deductible, 10% coinsurance for office surgery	After <u>deductible</u> , 50% <u>coinsurance</u>	None	
	Preventive care /screening /immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
	If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab: after deductible, \$25 copay/visit- office/freestanding; except after deductible, 10% coinsurance- hospital/facility; X-ray: after deductible, 10% coinsurance- office based/hospital/facility	After <u>deductible</u> , 50% <u>coinsurance</u>	None
	Imaging (CT/PET scans, MRIs)	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.	

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.aetnapharmac y.com/standard	Generic drugs	RX4- After deductible, \$15 copay / prescription (retail), After deductible, \$35 copay / prescription (mail order) RX5- After deductible, \$15 copay / prescription (retail), After deductible, \$37.50 copay / prescription (mail order)	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Maintenance Medications-after two retail fills, members are required to fill a 90-day supply at CVS Caremark® Mail Service Pharmacy or CVS Pharmacy. Dispense as Written may apply.
	Preferred brand drugs	RX4- After deductible, \$50 copay / prescription (retail), After deductible, \$125 copay / prescription (mail order) RX5- After deductible, 50% coinsurance/ prescription (retail and mail order)	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Maintenance Medications-after two retail fills, members are required to fill a 90-day supply at CVS Caremark® Mail Service Pharmacy or CVS Pharmacy. Dispense as Written may apply. RX5 - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90-day supply is \$62.50; maximum \$1,250. Applies to Preferred and Non-preferred drugs.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Non-preferred brand drugs	RX4- After deductible, \$75 copay / prescription (retail), After deductible, \$187.50 copay / prescription (mail order) RX5- After deductible, 50% coinsurance/ prescription (retail and mail order)	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Maintenance Medications-after two retail fills, members are required to fill a 90-day supply at CVS Caremark® Mail Service Pharmacy or CVS Pharmacy. Dispense as Written may apply. RX5 - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90-day supply is \$62.50; maximum \$1,250. Applies to Preferred and Non-preferred drugs.
	Specialty drugs	RX4- After deductible, 30% coinsurance / prescription (retail & mail order), RX5- After deductible, 50% coinsurance/ prescription (retail & mail order)	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Maintenance Medications-after two retail fills, members are required to fill a 90-day supply at CVS Caremark® Mail Service Pharmacy or CVS Pharmacy. Dispense as Written may apply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Physician/surgeon fees	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible,</u> 50% coinsurance	None
	Emergency room care	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 10% <u>coinsurance</u>	No coverage for non-emergency use.
If you need immediate medical attention	Emergency medical transportation	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 10% <u>coinsurance</u>	Non-emergency transport: not covered, except 50% coinsurance if pre-authorized.
	<u>Urgent care</u>	After <u>deductible</u> , \$25 <u>copay</u> /visit	After <u>deductible</u> , \$25 <u>copay</u> /visit	No coverage for non-urgent use.

Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have a hospital stay	Facility fee (e.g., hospital room)	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Physician/surgeon fees	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	None
If you need mental health, behavioral	Outpatient services	Office After <u>deductible</u> , \$25 <u>copay</u> /visit; All other outpatient: 10% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	None
health, or substance abuse services	Inpatient services	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
If you are prognant	Office visits	No charge except After deductible, \$25 copay/visit for initial visit to confirm pregnancy	After <u>deductible</u> , 50% <u>coinsurance</u>	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) Pre-authorization
If you are pregnant	Childbirth/delivery professional services	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	may be required. If you don't get <u>pre-</u> <u>authorization</u> , benefits could be reduced by
	Childbirth/delivery facility services	After <u>deductible</u> , 10% coinsurance	After deductible, 50% coinsurance	50% up to \$10,000 of the total <u>allowed</u> <u>amount</u> of the service may apply.
If you need help recovering or have other special health needs	Home health care	After <u>deductible</u> , 10% <u>coinsurance</u>	Not covered	60 visits/calendar year. Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Rehabilitation services	After deductible, \$25 copay/visit-office/ freestanding; After deductible, 10% coinsurance- hospital/facility	After <u>deductible,</u> 50% <u>coinsurance</u>	60 visits/calendar year for Physical, Occupational & Speech Therapy combined. Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Habilitation services	After <u>deductible</u> , \$25 <u>copay</u> /visit;	After <u>deductible</u> , 50% <u>coinsurance</u>	Limited to treatment of Autism.
	Skilled nursing care	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	60 days/incident. <u>Pre-authorization</u> may be required. If you don't get <u>pre-authorization</u> , benefits could be reduced by 50% up to \$10,000 of the total <u>allowed amount</u> of the service.
	Durable medical equipment	After <u>deductible</u> , 10% <u>coinsurance</u>	Not covered	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.
	Hospice services	After <u>deductible</u> , 10% <u>coinsurance</u>	After <u>deductible</u> , 50% <u>coinsurance</u>	Pre-authorization may be required. If you don't get pre-authorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Children's eye exam	No charge	Not covered	None
If your child needs dental or eye care	Children's glasses	Amounts greater than \$125.00	Amounts greater than \$125.00	1 pair of glasses/calendar year.
	Children's dental check-up	Not covered	Not covered	Not covered.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult & Child)

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine foot care
- Weight loss programs Except for required preventive services.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture (in lieu of anesthesia)
- Bariatric surgery
- Chiropractic care 30 visits/calendar year for in-network only.
- Hearing aids 1 hearing aid per ear/24 months for children up to age 15.
- Infertility treatment Limited to diagnosis, artificial insemination, and ovulation induction.
- Private-duty nursing 70- 8 hour shifts/calendar year for innetwork only.
- Routine eye care (Adult) 1 routine eye exam/calendar year for in-network only.

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact the <u>plan</u> at 1-833-982-7368.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or: https://www.dol.gov/agencies/ebsa

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Aetna directly by calling the toll free number on your Medical ID Card, or by calling our general toll free number at 1-833-982-7368.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact information is at: http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Assistance: For language assistance in your language call 1-833-982-7368 at no cost.

Spanish (Español): Para obtener asistencia lingüística en español, llame sin cargo al 1-833-982-7368

Tagalog (Tagalog): Para sa tulong sa wika na nasa Tagalog, tawagan ang 1-833-982-7368 nang walang bayad

Chinese (中文): 欲取得繁體中文語言協助, 請撥打 1-833-982-7368, 無需付費。

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$13,333
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$2,500
Copayments	\$960
Coinsurance	\$912
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$4,432

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,731	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$2,500	
Copayments	\$1,570	
Coinsurance	\$173	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$4,298	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,925	
In this example, Mia would pay:		
Cost Sharing		
Deductibles	\$1,608	
Copayments	\$175	
Coinsurance	\$142	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,925	

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-833-982-7368.

Non-Discrimination

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,

P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779),

1-800-648-7817, TTY: 711, Fax: 859-425-3379 (CA HMO customers: 1-860-262-7705),

Email: CRCoordinator@aetna.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

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